760256589 | P-144-MP-5G-F24LM/30T



Fiber indoor cable, LazrSPEED® Plenum MPO Trunk Cable, 144 fiber with 24-fiber, 3.0mm subunits, Gel-free, Multimode OM5, Feet jacket marking, Lime green jacket color

Product Classification

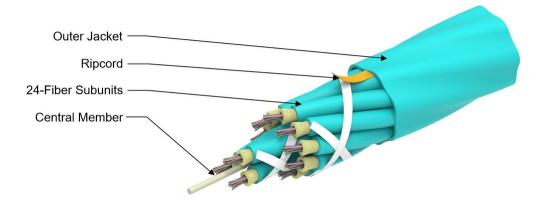
Regional Availability	Asia Australia/New Zealand Latin America Middle East /Africa North America
Portfolio	CommScope®
Product Type	Fiber indoor cable
Product Series	P-MP
General Specifications	
Cable Type	MPO trunk cable
Construction Type	Non-armored
Subunit Type	Gel-free
Jacket Color	Lime green
Jacket Marking	Feet
Subunit, quantity	6
Fibers per Subunit, quantity	24
Total Fiber Count	144
Dimensions	
Buffer Tube/Subunit Diameter	3 mm 0.118 in
Diameter Over Jacket	11 mm 0.433 in

Representative Image

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Mechanical Specifications

Minimum Bend Radius, loaded	164 mm 6.457 in
Minimum Bend Radius, unloaded	110 mm 4.331 in
Tensile Load, long term, maximum	400 N 89.924 lbf
Tensile Load, short term, maximum	1335 N 300.12 lbf
Compression	10 N/mm 57.101 lb/in
Compression Test Method	FOTP-41 IEC 60794-1 E3
Flex	25 cycles
Flex Test Method	FOTP-104 IEC 60794-1 E6
Impact	2.94 N-m 26.021 in lb
Impact Test Method	FOTP-25 IEC 60794-1 E4
Strain	See long and short term tensile loads
Strain Test Method	FOTP-33 IEC 60794-1 E1
Twist	10 cycles
Twist Test Method	FOTP-85 IEC 60794-1 E7
Vertical Rise, maximum	325 m 1,066.273 ft
Optical Specifications	

Fiber Type

Environmental Specifications

Installation temperature	0 °C to +70 °C (+32 °F to +158 °F)
Operating Temperature	0 °C to +70 °C (+32 °F to +158 °F)

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OM5, LazrSPEED® wideband

COMMSCOPE°

760256589 | P-144-MP-5G-F24LM/30T

Storage Temperature	-40 °C to +70 °C (-40 °F to +158 °F)
Cable Qualification Standards	ANSI/ICEA S-83-596 Telcordia GR-409
Environmental Space	Plenum
Flame Test Listing	NEC OFNP (ETL) and c(ETL)
Flame Test Method	NFPA 130 NFPA 262

Environmental Test Specifications

Low High Bend	0 °C to +70 °C (+32 °F to +158 °F)
Low High Bend Test Method	FOTP-37 IEC 60794-1 E11
Temperature Cycle	0 °C to +70 °C (+32 °F to +158 °F)
Temperature Cycle Test Method	FOTP-3 IEC 60794-1 F1

Packaging and Weights

Cable weight

126 kg/km | 84.668 lb/kft

Included Products

CS-5G-MP

 LazrSPEED® OM5 WideBand Multimode Fiber

* Footnotes

Operating Temperature Specification applicable to non-terminated bulk fiber cable

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LazrSPEED®

LazrSPEED® OM5 WideBand Multimode Fiber

Product Classification

Portfolio	CommScope®
Product Type	Optical fiber
General Specifications	
Cladding Diameter	125 µm
Cladding Diameter Tolerance	±5 μm
Cladding Non-Circularity, maximum	0.7 %
Coating Diameter (Colored)	254 µm
Coating Diameter (Uncolored)	242 µm
Coating Diameter Tolerance (Colored)	±7 μm
Coating Diameter Tolerance (Uncolored)	±5 μm
Coating/Cladding Concentricity Error, maximum	12 µm
Core Diameter	50 µm
Core Diameter Tolerance	±2.5 μm
Core/Clad Offset, maximum	1 µm
Proof Tensile Stress	100,000 psi (0.69 GPa)

Mechanical Specifications

Numerical Aperture

Macrobending, 15 mm Ø mandrel, 2 turns	0.20 dB @ 850 nm 0.50 dB @ 1,300 nm
Macrobending, 30 mm Ø mandrel, 2 turns	0.10 dB @ 850 nm 0.30 dB @ 1,300 nm
Macrobending, 75 mm Ø mandrel, 100 turns	0.50 dB @ 1,300 nm 0.50 dB @ 850 nm
Coating Strip Force, maximum	4.5 N 1.012 lbf
Coating Strip Force, minimum	0.9 N 0.202 lbf
Dynamic Fatigue Parameter, minimum	18
Optical Specifications	

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0.2



CS-5G-MP

Numerical Aperture Tolerance	±0.010
Point Defects, maximum	0.15 dB
Zero Dispersion Slope, maximum (OM5)	-412/(840(1-(λ0/840)^4)) ps/[km-nm-nm]
Zero Dispersion Wavelength, maximum	1328 nm
Zero Dispersion Wavelength, minimum	1297 nm

Optical Specifications, Wavelength Specific

1 Gbps Ethernet Distance	1,110 m @ 850 nm 600 m @ 1,300 nm
10 Gbps Ethernet Distance	550 m @ 850 nm
Attenuation, maximum	1.00 dB/km @ 1,300 nm 2.20 dB/km @ 953 nm 3.00 dB/km @ 850 nm
Bandwidth, Laser, minimum	2,600 MHz-km @ 953 nm 4,700 MHz-km @ 850 nm 500 MHz-km @ 1,300 nm
Bandwidth, OFL, minimum	1,950 MHz-km @ 953 nm 3,500 MHz-km @ 850 nm 500 MHz-km @ 1,300 nm
Index of Refraction	1.478 @ 1,300 nm 1.483 @ 850 nm
Standards Compliance	ANSI/TIA-492AAAF (OM5) ANSI/TIA-568.3 (OM5) IEC 60793-2-10, A1 (OM5) ISO/IEC 11801-1 cabled optical fiber performance category OM5

Environmental Specifications

Heat Aging, maximum	0.10 dB/km @ 85 °C
Temperature Dependence, maximum	0.1 dB/km
Temperature Humidity Cycling, maximum	0.1 dB/km
Water Immersion, maximum	0.10 dB/km @ 23 °C

Regulatory Compliance/Certifications

Agency	Classification
ISO 9001:2015	Designed, manufactured and/or distributed under this quality management system

* Footnotes

Temperature Dependence, maximum	Temperature dependence is conducted at -60 °C to +85 °C (-76 °F to +185 °F)
Temperature Humidity Cycling, maximum	Temperature humidity cycling is conducted at -10 °C to +85 °C (+14 °F to +185 °F) up to 95% relative humidity

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